

CURRICULUM VITAE
ELIZABETH ANNE RILEY
0412 880 376

HIGHLIGHTS

- ❖ PhD candidate, Sydney University
- ❖ Experienced educator & supervisor
- ❖ Counsellor in Private Practice
- ❖ Extensive experience counselling in gender issues and sexuality
- ❖ Consultant & Counsellor in Ethical Intelligence & Good Decision-making at St James Ethics Centre
- ❖ Commitment to ongoing professional education
- ❖ Dedication to excellence in service and personal growth

WORK

- Private Practice (2006 - present)
 - Counselling individuals, couples & youth, including DoCs referrals, issues include; domestic violence, sexuality issues, self-esteem, anxiety, childhood abuse, relationships, family, depression, HIV, gender, addictions and dissociative disorders
 - Counselling transgender clients and families, including DoCs referrals, dealing with concerns including transition, self-esteem, suicide, reassignment surgery, cross-dressing, discrimination, employment, illness, isolation, depression, finances, relationships, disclosure, career, sexuality and function, body image, families, grief & loss, death, divorce, drug & alcohol issues, sex work, cross-dressing, abuse & personal safety issues.
 - Supervisor of Counsellors including those working with transgender/transsexual clients
- PhD Candidate at Sydney University (2007- present)
 - Research title: Gender Variant Children: Views of Professionals, Parents and Transgender Adults
 - Established Sydney support group for parents of gender variant children (2009) and a Transgender Teen Group (to commence Oct, 2011)
 - Interviews on ABC radio national and Melbourne radio stations
 - Newspaper articles in Sun Herald and Sydney Star Observer
 - Publications (4) in relation to gender variant children and transgender studies
- Senior Educator: Australian College of Applied Psychology (2009-present)
 - Teaching Undergraduate, Post-graduate and Masters level
 - Providing Clinical Supervision for students on placement
 - Resolving issues/conflicts with students and/or educators
 - Professional Development organisation for Educators and where necessary, delivery.

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- Writing & reviewing training programs/modules
- Resolving assessment appeals

- Casual lecturer at Sydney University (2008 - 2010)
 - Tutor and Practicum teacher in Sexual Health Counselling as part of the *Masters in Sexual Health*, lecturing where required especially in specific areas of transgender issues and counselling skills
 - Co-lectured Bach 1148 - Health Attitudes & Interaction (2008)

- Developed and delivered counsellor training for St James Ethics Centre (2011)

- Treasurer of Australia and New Zealand Association for Transgender Health (ANZPATH) (2010 - present) as well as being an inaugural organising member leading to the establishment of the association in 2010.

- PACFA Appointments
 - Panel (complaints) for Psychotherapists & Counsellors Federation of Australia (PACFA, 2011)
 - PACFA Research Consultation Group (2010 – current)

- Educator at Jansen Newman Institute (JNI) (2006 - 2010), the Australian College of Applied Psychology (ACAP)(2005-2008) and at College of Holistic Counselling (2004-2005)
 - Have written and currently teach 4-day *Human Sexuality: Myths & Realities* sexuality training for counsellors & psychotherapists (2008 -) As a consequence of which, a core lecture has been included in general training. (See appendix A for student feedback)
 - Post-Graduate educator in: Research methodology and practicum, Counselling Skills, Social, Legal & Ethical, Gender & Sexuality, Counselling in Loss, Family & Relationships and Human Development. (2005-2009)
 - Constructed *Professional Values & Ethics* for Counsellors, a 12 session module (36 hrs) (2004)

- Counsellor at The St James Ethics Centre (2003 - present)
 - Volunteer counselling at St James Ethics Centre counselling in ethical decision-making in business or personal issues

- Consultant to St James Ethics Centre (2007 - present)
 - Facilitating the *Ethical Intelligent & Good Decision Making* (EI&GDM) program for business leaders & managers in corporate, public and not-for-profit organisations
 - Delivery of EI&GDM:
 - the Deaf Society of NSW (May, 2007)
 - the Smith Family (September, 2007)

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- Riverwood Community Centre (June, 2008)
 - CSIRO (August, 2008)
- Chair of Ethics Committee, Counsellors and Psychotherapists' Association CAPA and on CAPA executive (2003 - 2006)
 - Chaired Ethics Committee meetings facilitating; responses to member's ethical enquiries, ethical contributions to 'Counsellor' magazine, updating CAPA's Complaints procedure and Code of Ethics and processing complaints
- Industry representative on External Review Panel for Nature Care College's accreditation of the Diploma of Holistic Counselling and Life Care. (2006)
- Counselling individuals, couples and families at the Gender Centre. (June '99 – Dec 2005)
 - Assessed clients supplying referrals, ran support groups, liaised with and supported/supervised other professionals and student placements, and case management for residents at Gender Centre.
 - Provided assessments of client capabilities and needs for other professionals including reports for MtF inmates to be transferred to the correction facility of their preferred gender.
 - Fostered relationships and network with a variety of organizations and other professionals including psychiatrists, GP's, psychologists, Sexual Health Clinics, social workers and case managers, counsellors and others who needed advice, supervision or support for their transgender clients
 - Provided supervision, training, guidance and reports for students of counselling and social work degrees on placement from a variety of educational institutions including Universities, Counselling colleges and TAFEs.
- Coached manager at NorthAIDS (2001 - 2002)
- Counselling, face to face and telephone, at the AIDS Council of NSW (ACON), individuals, couples and families. (1997 - 1999)
 - Worked within the Counselling team in the HIV Living Unit, ACON and contributing to team support for suicide, mental health, domestic violence, housing requirements etc.
 - Counselling Gay & HIV+ clients dealing with concerns about sexuality preferences and practices, employment, sexual abuse, disclosure, PTSD, Obsessive-compulsive disorders, D & A issues, depression, self-esteem, suicide & grief, providing referrals where appropriate.
- Support volunteer on team at Love, Intimacy & Sexuality workshops (1995-2000)

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- Group leader, team organiser, led reunions and trainings in a volunteer capacity for Human Awareness Australia in liaison with the Human Awareness Institute US.
- Previously a director & computer software specialist at Softlink Australia (1982-1984) and a programmer in *Natural & Adibas* at the NSW Liquor Licensing Bureau (1983-1985)

PUBLICATIONS

- Riley, E., Wong, T. & Sitharthan, G. (2011). Counselling support for the forgotten transgender community. *Journal of Gay & Lesbian Social Services*, 23(3), 395-410.
- Riley, E. A., Clemson, L., Sitharthan, G., & Diamond, M. (2011). The needs of gender-variant children and their parents: A parent survey. *International Journal of Sexual Health*, 23, 181-195.
- Riley, E., Clemson, L., Sitharthan, G. & Diamond, M. (In Press). Surviving a gender variant childhood: The views of transgender adults on the needs of gender variant children and their parents. *Sex & Marital Therapy Journal*
- Riley, E., Clemson, L., Sitharthan, G. & Diamond, M. (In Press). Professionals' views: The needs of gender variant children and their parents. *International Journal of Transgenderism*

PRESENTATIONS, WORKSHOPS, PAPERS, ETC

- Presentation 'The Needs of Gender Variant Children and Their Parents', World Professional Association for Transgender Health, Atlanta, 2011.
- Presentation 'The Needs of Gender Variant Children and Their Parents', World Congress of Psychotherapy, Sydney, 2011.
- Presentation & workshop: "'Children Are Born to Be Who They Are, Not Who We Want Them to Be": The Needs of Gender Variant Children and Their Parents', CAPA AGM, 2011.
- Master Class Workshop: 'Cybersex & Internet Dating', Australian Association of Relationship Counsellors (2011).
- Facilitation of Ethics Workshop at Australia & New Zealand Infertility Counsellors Association Conference, 2011.

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- Workshop: ‘Supervision of Counselling Students on Placement: Is there a best practice?’ Society of Counselling and Psychotherapy Educators (SCAPE) conference, 2011. Co-presenter Sabina Rabold.
- Presentation: ‘The Needs of Gender Variant Children and their Parents’, ANZPATH Conference, 2011.
- Workshop: ‘Gender Identity’, Australian Existential Society (2010).
- Workshop: ‘Power – Values, Virtues & Conflicts of Duty’, Pastoral Carers Group (2010).
- Presentation: ‘Gender Variant Children: Views of professionals, parents and transgender adults: Preliminary Results’ Research in Progress (RIP) Conference, 2010.
- Presentation: ‘Gender Variant Children: Views of professionals, parents and transgender adults: Preliminary Results’, ASSERT National Conference in association with the University of Sydney, 2010.
- Presentation: ‘Gender Variant Children: Views of professionals, parents and transgender adults: Preliminary Results’, SCAPE conference, 2010.
- 2 day Professional Development Training in Sexuality to Anglicare counsellors (2010).
- Workshop: Ethics & Supervision at ASCANZ conference, 2010.
- Professional Development Transgender training to LGBT therapists (2010).
- CAPA Professional Development workshop ‘DISCUSSING SEX...Do you or don’t you?’ (2010).
- *Sexuality in Practice* 2-day workshop (2009).
- Workshop ‘Ethics in Supervision’ at ASCANZ conference, 2009.
- Professional Development Training on the topic ‘Gender-variant children in schools’ to 50 school counsellors (2009).
- Interviews on ABC Radio National’s *Life Matters*, (March, 2009) and Melbourne’s Joy 94.9 program *Transition Time* (March, 2009) regarding PhD research
- Paper: Gender Variant Children: Views of Professionals, Parents and Transgender Adults.(preliminary results of research) at the World Professional Association of Transgender Health (WPATH) Symposium, 2009 in Norway.

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- Poster and oral presentation: The Banished Children at World Association for Sexual Health Conference, 2009 in Sweden.
- Invited speaker on Gender Variant Children at Randwick Children's hospital to health professionals (2009).
- Paper: A Training Gap: The training of Counsellors and Psychotherapists in sexuality at the International Counselling and Social Work Symposium, 2009 in Penang, Malaysia.
- Workshop: Training Counsellors & Psychotherapists in Sexuality, Gender Variance and Sexual Therapies at *Society for Counsellor & Psychotherapy Educators (SCAPE)* Conference, 2009 in Canberra.
- Workshop: A Missing Link: Training Counsellors & Psychotherapists in Sexuality at the *Counsellors & Psychotherapists Association of NSW (CAPA)* Conference, 2008 in Sydney.
- Paper: Case Study at *World Association Sexology (WAS)* Conference, 2007 in Sydney.
- Facilitated group on 'Ethical Issues in Supervision' at *Association for Supervision, Coaching & Consultancy of Australia & New Zealand Inc. (ASCANZ)* Conference, 2006 in Sydney.
- Workshop: 'How Fit is your Unconditional Positive Regard' at *Counsellors and Psychotherapists Association (CAPA)* Conference, 2005 in Sydney.
- Provided training to *Parents, Families and Friends of Lesbians and Gays (PFLAG)* regarding Male-to-Female and Female-to-Male transgender transition (2005)
- Member of panel for Transgender issues at the Psychiatric Convention, 2005 in Sydney.
- Provided Transgender awareness training to sexual health social workers in the Inner West Area Health Service (2005).
- Ethical Issues panel at Legal and Ethical seminar for CAPA, 2004 in Sydney.
- Paper: 'Sexual Dysfunction in Clients with Gender Dysphoria' at World Association of Sexology, Conference, 2004 in Sydney.
- Speaker at the Seahorse Society to couples/partners regarding cross-dressing issues (2003, 2004).

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- Paper: 'Counselling Clients With Gender Dysphoria: An Ethical Approach' at Harry Benjamin Institute for Gender Dysphoria Association (HBIGDA) Conference, 2003 in Belgium.

FORMAL QUALIFICATIONS

- Certificate IV in Assessment and Workplace Training, 2004
- Masters In Counselling, University of Western Sydney, 2002
- Graduate Diploma in Counselling, Australian College of Applied Psychology, 1998
- Certificate in Counselling Skills, College of Holistic Counselling, 1996
- Diploma of Homoeopathy, Nature Care College of Naturopathic and Traditional Medicine, 1997
- Bachelor of Science, Macquarie University, 1983

MEMBERSHIPS

- Counsellors and Psychotherapists Association of NSW (CMCAPA)
- Psychotherapists & Counsellors Federation of Australia (PACFA) register no. 020111
- World Professional Association for Transgender Health (WPATH)
- Australian & New Zealand Professional Association for Transgender Health (ANZPATH)
- Society of Counselling and Psychotherapy Educators (SCAPE)

PROFESSIONAL DEVELOPMENT

Attended numerous conferences, workshops, forums and Professional Development training including:

- Society of Counselling and Psychotherapy Educators (SCAPE) Conference (2011)

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- Hypersexuality: Disorder & Interpersonal Phenomenon by Professor Eli Coleman (2011)
- Uncertainty: Exploring Our Responses to an Uncertain World by Professor Earnesto Spinelli (2010)
- An Existential Approach to Supervision by Professor Earnesto Spinelli (2010)
- SCAPE Conference (2010)
- Coercive Persuasion and Mind Control Conference (2010)
- Stephanie Burns on Adult Education (2009)
- Mental Health Issues and Assessment Tools for Work-Cover Clients (2009)
- Understanding Normal Sexual Development in order to Understand Sexual Deviancy (2009)
- The Edge of the Psychotherapist meets the Edge of the Client (2009)
- Existential Masterclass with Emmy Van Duerzen (2008)
- Working with Male Survivors of Child Sexual Abuse with Mike Lew (2008)
- Genital Modification Forum, Macquarie University (2008)
- Ethical Intelligence & Good Decision Making Consultant Accreditation with St James Ethics Centre (2006/2007)
- Transactional Analysis (2006)
- Scott Miller Advanced Clinical 2-day intensive (2005)
- Couples in Conflict with Jeffrey Zeig (2005)
- Working With Addictions (2004)
- Supervision Training Certificate (2003)
- Toastmasters Speechcraft (2003)
- St James Ethics Centre Counselling Training (2002-03)
- David Schnarch Advanced Clinical Workshop (2002)
- Suicide Prevention Conference (2001)

APPENDIX A: Student Testimonials

Student feedback at the Jansen Newman Institute after teaching the module Human Sexuality: Myths & Realities

Lecturer:	Elizabeth Riley
Topic:	Human Sexuality – elective
Date:	24 January 2008

Added comments:

- *“Eileen, please consider incorporating this module into mainstream. It was fantastic!”*
- *“Wouldn’t change anything!”*

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- *“Elizabeth was informative, knowledgeable, respectful & sensitive in every aspect of the elective. She created a calm environment and safe environment for us all to work in.”*
- *“Subject was delivered with clarity and sensitivity from a very knowledgeable source. Hope this becomes a mainstream course at JNI- (however perhaps 3rd year only). Really enjoyed feeling safe to participate in class discussion. Elizabeth’s respectful & calm manner when dealing with intimate topics created a fabulous energy and thus enabled me to learn much. Thank you!”*
- *“A unique & wonderful experience. By challenging our assumptions of ‘normal’ behaviour, it opened my eyes to the fact that there is no such thing. Elizabeth’s grace and openness, & the amazing group have enlightened me, informed me & changed me. Best subject, best lecturer yet!”*
- *“Terrific, Thank you!”*